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Instructor Showcase

SI Gymnastics is fortunate to have coach Travis Walczynski on our coaching staff. Travis was a competitive gymnast from Chicago and received his BA in Flight and Airport Management at SIU. Travis has been coaching for 10 years and works with Boys Team, Girls Team and classes. He is now a certified Flight Instructor.

Upcoming Events

CAMPS

- Nov 22, American Girl Camp
- Nov 24 Ballet & Hip Hop Camp
- Nov 24—Nerf War Camp

NO CLASSES

Nov 23-25

Happy Thanksgiving :)

Being Thankful

We live in such a time that we can go about most of our daily lives without ever thinking about how fortunate we really are. The vast majority of us don't worry about where we are sleeping at night or if we will be able to eat. We're not worried about getting home safely, or not having the money to put gas in our tank. Instead, our thoughts are occupied with, "What will I cook tonight?" or "Should I swing by the gas station on my way home?" If you are reading this, you are fortunate enough to enroll your kids in gymnastics. Obviously, gymnastics is not a NEED, but a privilege. You have made the decision to give your child an opportunity most kids don't receive. You are investing in their future by helping them learn how to not only move and coordinate their bodies, but also how to be perseverant, learn from their mistakes, and take constructive criticism.

I'm thankful to live in a time when I can teach kids the sport of gymnastics. I'm also thankful that there are parents like you who have the ability and foresight to enroll their kids in our classes and trust in our abilities to help them grow.



You = Awesome, Us = Grateful

You are our greatest opportunity for growth! Please give the referral card(s) we gave you last week to a friend who you think would love what we do too. We need more families like yours. We want families who see the value in investing in their child's future; these who believe that a strong and confident child has the better chance at future success!

Here's how our **Referral Program** works.

1. Your friend gets **\$50 OFF** their 1st month of classes.
2. You get **\$25 OFF** your next month's tuition!



Feed Back

Feed back is key. As coaches, we refer to it as being coachable. We all like to be told when we are doing things well, but it's imperative that we are told when things we are doing need attention or improvement. If you have an idea for a program/class or just something that needs our attention, please share it with us!

Email us at:

Office@sigymnastics.com or on our suggestion board next to the cubbies.

November, 2017

New Ninja Obstacles

You'll see some construction in the back of the gym this month. We are building some cool new Ninja Obstacles that will connect to our Warped Wall! Not only will it enhance the Ninja classes, but also give more fun options during parties and Open Gyms!!

Birthday Parties

Why have your party with us?

- Beautiful and clean facility
- Friendly and helpful staff
- New equipment with lots of fun options
- Online Booking! Visit: www.sigymnastics.com

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